

# Intensive Outpatient Programs (IOP)

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## Adult Chemical Dependency IOP

Services include group therapy, psycho education, family program, alumni group, coordination of care, and referrals upon discharge.

Group Meets: Monday, Tuesday, Wednesday and Friday, 6:30pm to 9:30pm

## Adult Dual Diagnosis IOP

Services include psychiatric assessment, group therapy, psycho education, family program, medication management, alumni group, coordination of care, and referrals upon discharge. Random urine drug screens are provided.

Group Meets: Monday-Friday, 9:00am to 12:00pm

## Adult Psychiatric IOP

Services include psychiatric assessment, group therapy, psycho education, medication management, coordination of care, and referrals upon discharge.

Group Meets: Monday-Friday, 9:30am to 12:30pm

## Transportation

Summit Oaks provides transportation to and from our Psychiatric IOP and our Dual Diagnosis IOP within a defined geographic area. Please see the other side for details or call our referral and assessment professionals.

## Referral & Assessment

For a free, confidential assessment 24 hours a day, 7 days a week including weekend and holidays, call 908-522-7071 or 800-753-5223.

## Insurance

Summit Oaks accepts most HMO, PPO and indemnity insurances, and private payment. Medicare and Medicaid are accepted.

## About Summit Oaks IOP

Summit Oaks Hospital's IOP meet the therapeutic and scheduling needs of each client. We provide group therapy and medication monitoring in a less restrictive, flexible environment so patients who need to maintain work schedules, care for children or attend school, can.

Summit Oaks IOP meets 3 to 5 days per week for 3 hours a day. Although each client is required to participate at least three times a week, frequency beyond 3 days is available for patients' who need additional support. Patients frequently participate in our IOP for step down services from acute inpatient psychiatric, chemical dependency program or from a partial hospital program.

All of our care providers are master's level clinicians, licensed certified addiction counselors, licensed professional counselors or licensed clinical social workers.

Summit Oaks Hospital is licensed by the state of New Jersey and is fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). Summit Oaks was also chosen in 2009 for inclusion in U.S. News & World Report's annual review of "Best Hospitals".



19 Prospect Street, Summit, NJ 07902-0100  
800-753-5223

[www.SummitOaksHospital.com](http://www.SummitOaksHospital.com)

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## Transportation

Summit Oaks Hospital provides transportation to and from our Dual Diagnosis IOP and Chemical Dependency IOP for patients who reside in the following towns. For more information, please speak with one of our referral and assessment professionals at **908-522-7071** or **800-753-5223**.

Berkeley Heights

Clark

Cranford

East Orange

Elizabeth

Fanwood

Hillside

Irvington

Kenilworth

Linden

Maplewood

Millburn

New Providence

Newark

North Plainfield

Roselle

Roselle Park

Scotch Plains

Short Hills

South Orange

Springfield

Summit

Union

Vauxhall

Westfield



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